

## What Causes alzheimer's:

While scientists know Alzheimer's disease involves progressive brain cell failure, the reason cells fail isn't clear. Like other chronic conditions, experts believe that Alzheimer's develops as a complex result of multiple factors rather than any one overriding cause.

Both age and genetics have been identified as risk factors, but many questions still remain.

The discovery of additional risk factors will deepen our understanding of why Alzheimer's develops in some people and not others.

- **Age increases the risk**
- **Family history play a big role is the way the disease is carried through generations**
- **Genetics and specific traits are seen to be passed on over time**

## Symptoms of alzheimer's:

- 
- **Memory loss**
  - **Challenges and difficulty solving everyday problems**
  - **Difficulty completing familiar tasks at home, work or leisure**
  - **Confusion with time or place**
  - **Trouble understanding visual imagery and spatial relationships**
  - **New problems with words in speaking or writing**
  - **Misplacing things and losing the ability to retrace steps.**
  - **Decreased or poor judgement**
  - **Withdrawal from work or social activities**
  - **Changes in mood and personality**

## Statistics on alzheimer's:

- **1 in 6 woman in their 60's will develop alzheimer's disease**
- **2 out of every 3 Americans with alzheimer's is a woman**
- **There are 2.5 more women providing care for someone with alzheimer's**
- **alzheimer's disease is the most expensive condition in the nation**
- **By 2050 alzheimer's will have cost an estimated \$1.2 trillion in today's market**
- **More than 500,000 seniors die each year due to having alzheimer's**
- **alzheimer's is the 6th leading cause of death in the United States**
- **One third of all seniors that die has been linked to alzheimer's or another form of dementia**
- **Every 67 seconds someone in the United States develops alzheimer's**

## How you can help:

---

- Find a walk near you
- Advocate others about the disease
- Know the risk factors
- Donate to the cause
- Give to others that are either fighting the disease or to someone that is helping someone who is fighting
- Find a local chapter and get involved in their annual meetings and support group

## How we can help:

---

When alzheimer's touches your life, we are here for you. No matter what if you are struggling or no someone that is their is something that can help. We have hotline and local offices you can make appointments to see local members of our chapters that spread across the country. Make others aware and do your part to get rid of one of the leading causes of death in our society.

alz.org® | alzheimer's association

The **Alzheimer's Association**, the world leader in **Alzheimer** research, care and support, is dedicated to finding prevention methods, treatments and an eventual cure for **Alzheimer's**.

For reliable information and support, contact the **Alzheimer's Association**:  
**1.800.272.3900**  
[www.alz.org](http://www.alz.org)

© 2014 **Alzheimer's Association**. All rights reserved.

This is an official publication of the **Alzheimer's Association** but may be distributed by unaffiliated organizations and individuals. Such distribution does not constitute an endorsement of these parties or their activities by the **Alzheimer's Association**.

WHAT  
YOU  
SHOULD  
KNOW  
ABOUT  
**alzheimer's**



alzheimer's association®